

WHAT'S NEW @ WWW.JANDONLINE.ORG

ARTICLES ONLINE FIRST

Parent Weight, Diet, Active Living Outcomes, and Food-Related Outcomes of the Family-Focused NU-HOME Randomized Controlled Trial

The objective of this study was to evaluate parent outcomes of the rural, family-focused NU-HOME randomized controlled trial (RCT) which was designed to prevent obesity in children ages 7 to 10 years old.

Impact of Health, Environmental, and Animal Welfare Messages Discouraging Red Meat Consumption: An Online Randomized Experiment

The objective of this study is to evaluate responses to red-meat-reduction messages describing animal welfare, health, and environmental harms.

Effects of a School-Based Garden Program on Academic Performance: A Cluster Randomized Controlled Trial

The objective of the study was to examine the effects of Texas Sprouts (TX Sprouts), a gardening, nutrition, and cooking program versus a control on academic performance in primarily low-income, Hispanic children.

Table 2. Effects of Texas Sprouts intervention on STAAR[®] scores among fourth- and fifth-grade students

Variable	STAAR Scores (%) ^a				P value for baseline ^b	Differences in mean percentage ^c (SE)	Intervention effect P value ^d	95% CI for difference
	Baseline	Post	Baseline	Post				
	—mean (SD)							
Fourth-grade reading	63.13 (4.62)	68.38 (3.84)	58.88 (4.55)	55.63 (3.15)	.355	6.5 (4.14)	.047	0.05 to 18.99
Fourth-grade math	65.38 (3.58)	67.13 (3.13)	58.50 (6.29)	58.75 (3.58)	.358	1.5 (4.91)	.624	-12.22 to 15.06
Fifth-grade reading	75.38 (4.21)	77.13 (4.06)	69.50 (3.25)	72.13 (4.21)	.288	0.88 (2.89)	.991	-11.09 to 15.39
Fifth-grade math	83.00 (2.90)	82.88 (3.75)	78.13 (3.56)	76.88 (4.37)	.306	1.13 (2.85)	.995	-5.85 to 7.20

^aSTAAR is one of four assessments of academic readiness.
^bSTAAR scores reflect percent of students that met satisfactory status.
^cDifferences in mean scores are calculated differences in mean STAAR scores between intervention and control groups.
^dReference is the mean percentage between intervention and control and SE of the difference in the mean percentage of each change.
^eSignificant measures general from reading with the pre- and post-intervention STAAR scores in the dependent variables were not adjusting for percent time and reduced lunch and other data.

PODCASTS

New Research on the Retail Marketing of Sugar Sweetened Beverages

JAND Editor-in-Chief Linda Snetselaar, PhD, RDN, LD, FAND interviews Megan Winkler, PhD, RN, about recent research

conducted by Dr. Winkler and colleagues on the marketing of sugar sweetened beverages in retail settings as well as working with clients that frequently purchase sugar sweetened beverages.

The Need for Diversity, Equity, and Inclusion in Nutrition Research

JAND Editor-in-Chief Linda Snetselaar, PhD, RDN, LD, FAND speaks with JAND editorial board member and researcher Carmen Byker Shanks, PhD, RDN about how and why diversity, equity, and inclusion (DEI) can and should be included nutrition research. Byker Shanks is a co-author of the article “The Need to Incorporate Diversity, Equity, and Inclusion: Reflections from a National Initiative Measuring Fruit and Vegetable Intake” in the July 2022 issue of JAND.

THE JOURNAL ONLINE

The *Journal of the Academy of Nutrition and Dietetics* has undergone a mobile-friendly redesign! Academy members and Journal subscribers can get full-access articles from the convenience of a mobile device, anywhere in the world. The *Journal* website also includes an array of extras like podcasts, curated topic collections, downloadable PowerPoint slides, and more.

To start taking advantage of all the online edition of the *Journal* has to offer, including over ten years of content, visit www.jandonline.org and sign in with your Academy username and password.

Journal Online

Academy members and *Journal* subscribers have access to the online edition, which includes an array of extras like podcasts, curated topic collections, downloadable slides, and more, available at www.jandonline.org.



FEATURED TOPIC COLLECTION

LGBTQ+ Nutrition

The *Journal* website features a series of specially-curated Topic Collections, where articles on common themes will be grouped together for easy browsing. This month's featured collection assembles the *Journal*'s articles on the subject of LGBTQ+ Nutrition.

Access Content Online:

Articles Online First:

www.jandonline.org/inpress

Podcasts:

www.jandonline.org/content/podcast

Editor's Podcasts:

www.jandonline.org/content/editorspodcast

Educational Slides:

www.jandonline.org/content/slides

Featured Topic Collection:

www.jandonline.org/content/lgbtq_nutrition