

PRACTICE APPLICATIONS

1815 PRESIDENT'S PAGE

Become Comfortable with the Uncomfortable: The Rewards of Leaving Our Comfort Zone



1817 PROFESSIONAL PRACTICE

Increasing Annual Registered Dietitian Nutritionist Visits for Patients with Diabetes

Alison Ruffin, MHA, RDN, LD; Danielle Brooks, RDN-AP, LD; Kasey Metz, MS, RDN, LD

This article has been approved for Continuing Professional Education credit.

1825 PROFESSIONAL PRACTICE

Family-Empowered Treatment in Higher Levels of Care for Adolescent Eating Disorders: The Role of the Registered Dietitian Nutritionist

Julia Patterson, MS, RDN; Justine L. Myers, MS, RDN, LDN; Emma Gallagher, MS, RD; Ginger R. Hartman, RD;

Jennifer Bush Lewis, RD, LD; Caitlin Royster, RD, LDN; Elizabeth Easton, PsyD; Anne O'Melia, MS, MD;

Renee D. Rienecke, PhD

RESEARCH

1833 EDITORIAL

Measures Used with Populations with Food Insecurity: A Call for Increased Psychometric Validation

Kara A. Christensen, PhD; Vivienne M. Hazzard, PhD, MPH, RD; Brianne N. Richson, MA; Kelsey E. Hagan, PhD

1837 COMMENTARY

For 25 Years, Food Security Has Included a Nutrition Domain: Is a New Measure of Nutrition Security Needed?

Ana Poblacion, PhD, MSc; Stephanie Ettinger de Cuba, PhD, MPH; John T. Cook, PhD, MAEd



1841 RESEARCH PAPER

Dietary Supplement and Prescription Medication Use Among US Military Service Members With Clinically Diagnosed Medical Conditions: The US Military Dietary Supplement Use Study

Joseph J. Knapik, ScD; Daniel W. Trone, PhD; Ryan A. Steelman, MPH; Emily K. Farina, PhD, RD;

Harris R. Lieberman, PhD



1851 RESEARCH PAPER

Adverse Effects Associated with Multiple Categories of Dietary Supplements: The Military Dietary Supplement Use Study

Joseph J. Knapik, ScD; Daniel W. Trone, PhD; Ryan A. Steelman, MPH; Emily K. Farina, PhD, RD;

Harris R. Lieberman, PhD



1864 RESEARCH PAPER

State and Local Healthy Kids' Meal Laws in the United States: A Review and Content Analysis

Crystal L. Perez, MPH; Alyssa Moran, ScD; Gabby Headrick, MSPH, RDN; Julia McCarthy, JD;

Angie L. Craddock, ScD, MPE; Keshia M. Pollack Porter, PhD

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1876 RESEARCH PAPER

Moving Dietetics Forward with Queer Pedagogy: A Post-Structural Qualitative Study Exploring the Education and Training Experiences of Canadian Dietitians for LGBTQ Care
Phillip Joy, PhD, RD; Jill Marie McSweeney-Flaherty, PhD



1885 RESEARCH BRIEF

Association of Food Insecurity and Food Addiction Symptoms: A Secondary Analysis of Two Samples of Low-Income Female Adults
Lindsey Parnarouskis, MS; Ashley N. Gearhardt, PhD; Ashley E. Mason, PhD; Nancy E. Adler, PhD; Barbara A. Laraia, PhD, MPH, RD; Elissa S. Epel, PhD; Cindy W. Leung, ScD, MPH



1893 RESEARCH BRIEF

Food Insecurity and Less Frequent Cooking Dinner at Home Are Associated with Lower Diet Quality in a National Sample of Low-Income Adults in the United States during the Initial Months of the Coronavirus Disease 2019 Pandemic
Julia A. Wolfson, PhD, MPP; Hannah Posluszny; Selma Kronsteiner-Gicevic, ScD; Walter Willett, MD, DrPH; Cindy W. Leung, ScD, MPH



1903 RESEARCH BRIEF

The Psychological Distress of Food Insecurity: A Qualitative Study of the Emotional Experiences of Parents and Their Coping Strategies
Cindy W. Leung, ScD, MPH; Barbara A. Laraia, PhD, MPH, RD; Christina Feiner; Karina Solis; Anita L. Stewart, PhD; Nancy E. Adler, PhD; Elissa S. Epel, PhD

1911 RESEARCH BRIEF

Health-Related Preconception Factors: Adherence to Guidelines and Associations with Weight Status
Audrey St-Laurent, MSc; Claudia Savard, DtP, PhD; Anne-Sophie Plante, DtP, MSc; Marianne Gagnon, DtP; Julie Robitaille, DtP, PhD; Simone Lemieux, DtP, PhD; Stéphanie-May Ruchat, PhD; Anne-Sophie Morisset, DtP, PhD



1922 RESEARCH BRIEF

Changes in Food and Nutrient Intake and Diet Quality on a Low-Fat Vegan Diet Are Associated with Changes in Body Weight, Body Composition, and Insulin Sensitivity in Overweight Adults: A Randomized Clinical Trial
Lelia Crosby, RD, LD; Emilie Rembert; Susan Levin, MS, RD, CSSD; Amber Green, RD, LD; Zeeshan Ali, PhD; Meghan Jardine, MS, MBA, RDN, LD, CDE; Minh Nguyen, MS, RD; Patrick Elliott; Daniel Goldstein; Amber Freeman; Meka Bradshaw; Danielle N. Holtz; Richard Holubkov, PhD; Neal D. Barnard, MD; Hana Kahleova, MD, PhD

FROM THE ACADEMY



- 1940 STANDARDS OF PRACTICE AND STANDARDS OF PROFESSIONAL PERFORMANCE**
Academy of Nutrition and Dietetics: Revised 2022 Standards of Practice and Standards of Professional Performance for Registered Dietitian Nutritionists (Competent, Proficient, and Expert) in Adult Weight Management
Colleen Tewksbury, PhD, MPH, RD, CSOWM, LDN; Robin Nwankwo, MPH, RDN, CDCES;
Janet Peterson, DrPH, RDN, RCEP, FACSM

- 1955 Members Celebrate 50 Years with the Academy**
- 1956 Nicole Larson, PhD, MPH, RDN, LD, Receives 2022 Huddleson Award**
- 1958 Teresa T. Fung, ScD, RD, Receives 2022 Monsen Award**

- 1961 PEOPLE & EVENTS**

- 1963 NEW IN REVIEW**
Annette Contrady, MS, RDN, LD

- 1973 SITES IN REVIEW: DIETARY SUPPLEMENTS**
Donna Hollinger, MS, RDN, LD



ON THE COVER

This month's cover refers to the article "Dietary Supplement and Prescription Medication Use Among US Military Service Members With Clinically Diagnosed Medical Conditions: The US Military Dietary Supplement Use Study"



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