

## WHAT'S NEW @ WWW.JANDONLINE.ORG

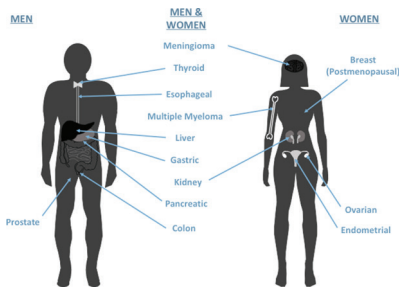
### ARTICLES ONLINE FIRST

#### Association between Fruit and Vegetable Consumption and Risk of Hypertension in Middle-Aged and Older Korean Adults

The aim of this prospective study is to investigate the association between fruit and vegetable intake and risk of incident hypertension in middle-aged and older Korean adults using the data from the Korean Genome and Epidemiology Study.

#### Translating Mechanism-Based Strategies to Break the Obesity–Cancer Link: A Narrative Review

This review focuses on emerging mechanisms behind the obesity–cancer link, as well as relevant dietary interventions, including calorie restriction, intermittent fasting, low-fat diet, and ketogenic diet, that are being implemented in preclinical and clinical trials, with the ultimate goal of reducing incidence and progression of obesity-related cancers.



#### Participant Satisfaction with a Food Benefit Program with Restrictions and Incentives

Policy makers are considering changes to the Supplemental Nutrition Assistance Program. Proposed changes include financially incentivizing the purchase of healthier foods and prohibiting the use of funds for purchasing foods high in added sugars. Participant perspectives may be useful in understanding the consequences of these proposed changes.

### TOP ARTICLES ON SOCIAL MEDIA

Below are some of the 2017 articles that have received the most attention on social media.

#### Effectiveness of Dietetic Consultations in Primary Health Care: A Systematic Review of Randomized Controlled Trials

The aim of this systematic review was to evaluate the evidence of the effectiveness of individual consultations provided exclusively by dietitians in primary care to support adult patients to modify dietary intake and improve health outcomes.

#### A Tale of Two Runners: A Case Report of Athletes' Experiences with Eating Disorders in College

This case report describes the experiences of two track athletes, one male and one female, who were recruited to the same Division 1 collegiate track program. In spite of their similarities, striking differences were apparent in clinical presentation, predisposing features, onset of symptoms, entry points to treatment, interventions received, and clinical courses through treatment that depict sex differences in how eating disorders present in athletes and are addressed in the sport environment.

### THE JOURNAL APP



The *Journal of the Academy of Nutrition and Dietetics* is available for iOS and Android! Academy members and *Journal* subscribers can get full-access articles from the convenience of a mobile device, anywhere in the world. The *Journal* app also provides a variety of digital options, like alerts for new issues, accessibility support for the visually impaired, or the ability to share articles via e-mail or social networking.

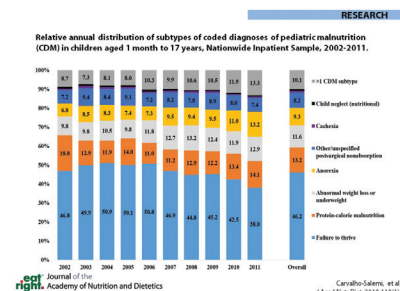
The *Journal* app now features society sign on for Academy members. Download

and access the app using your Academy website login credentials.

For more information, or to download the app, visit <http://www.jandonline.org/content/mobileaccessinstructions>.

### EDUCATIONAL SLIDES

#### Malnutrition among Hospitalized Children in the United States: Changing Prevalence, Clinical Correlates, and Practice Patterns between 2002 and 2011



### FEATURED TOPIC COLLECTION

#### Sports Nutrition

The *Journal* website features a series of specially-curated Topic Collections, where articles on common themes will be grouped together for easy browsing. This month's featured collection assembles the *Journal's* articles on the subject of Sports Nutrition.

### Access Content Online:

#### Articles Online First:

[www.jandonline.org/inpress](http://www.jandonline.org/inpress)

#### Top Social Media Articles:

[www.journals.elsevier.com/journal-of-the-academy-of-nutrition-and-dietetics/top-articles](http://www.journals.elsevier.com/journal-of-the-academy-of-nutrition-and-dietetics/top-articles)

#### Editor's Podcasts:

[www.jandonline.org/content/editorspodcast](http://www.jandonline.org/content/editorspodcast)

#### Educational Slides:

[www.jandonline.org/content/slides](http://www.jandonline.org/content/slides)

#### Featured Topic Collection:

[www.jandonline.org/content/sportsnutrition](http://www.jandonline.org/content/sportsnutrition)